Social Initiatives by MSc Nutrition and Dietetics Team



The 'Low Salt Campaign' was conducted from 1-9 June, 2021 on Instagram by students of MSc Nutrition and **Dietetics** programme. Students posted posters, banners and videos regarding low consumption of hypertension salt and for awareness among the community.



The 'Rainbow Campaign' was conducted from 1-5 June, 2021 in collaboration with NGO- Team SpreadingSmilesOfJoy, students of MSc Nutrition and Dietetics programme. Zoom session was conducted for school going children followed by distribution of newsletter to advocate the benefits consuming different colour fruits and vegetables each day.



Nutrition Education Programme at Rihe village, Mulshi Taluka, was conducted by the students of M.Sc. Nutrition and Dietetics programme on World Health Day (7 April 2022).

Students discussed the importance of good nutrition and physical activity with adolescents.



The students of MSc Nutrition and Dietetics programme conducted nutrition and healthy lifestyle awareness using entertainment-education approach at 'Swa-roop'

approach at 'Swa-roop' Wardhinee NGO, Pune on 16 April, 2022.

The session covered healthy eating practices and role of fitness using interactive games like treasure hunt, stamp my fruit, riddles and fitness session.



The students of MSc Nutrition and Dietetics programme participated in the Health Screening Camp at Special Olympics Bharat on 7 April, 2022 at Pune.

The students screened around 200 participants and imparted nutrition-health education to participants and their parents using edutainment and counselling.